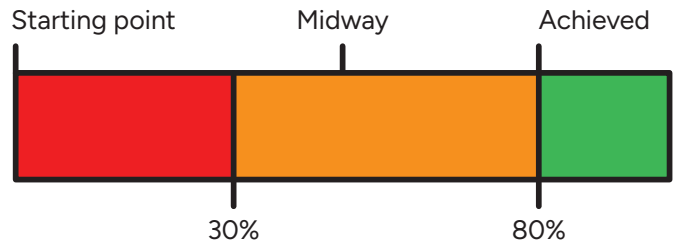




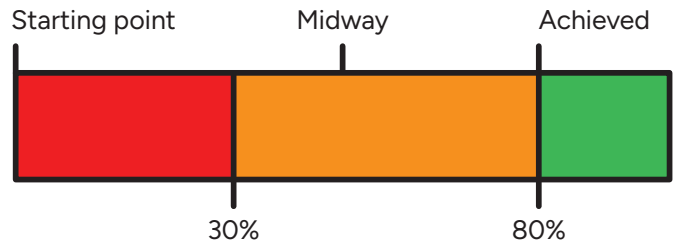
**Food, Feelings
& Freedom**

Goal-o-meter

SMART Goal



SMART Goal



SMART Goal

